



PROCUREMENT



PLANNING AND SCHEDULING



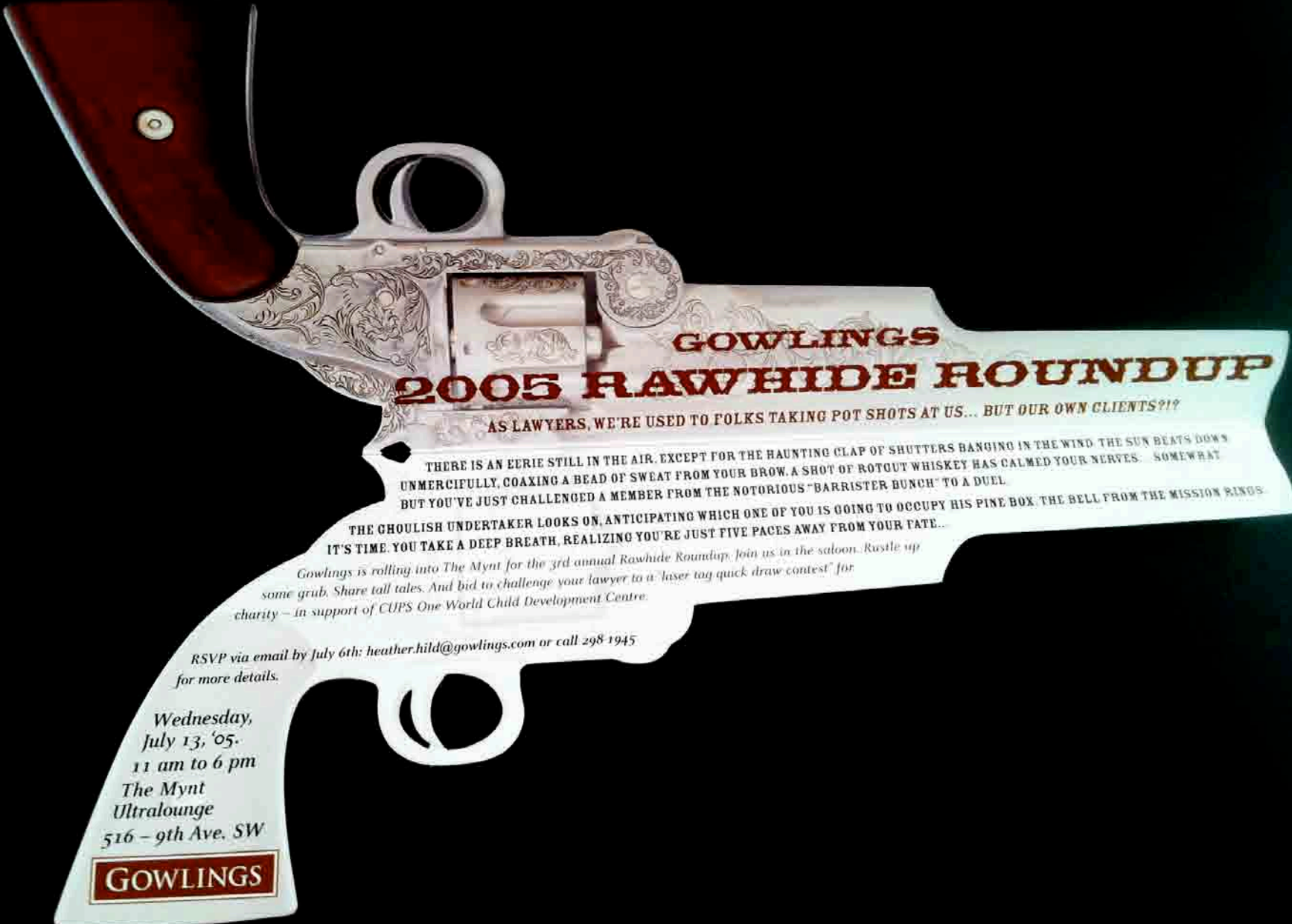
User Friendly
Fast Time, Search
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Intire, User Friendly, Easy
Seamless Integration, Business

GOWLINGS

1 400 700 - 2 Street S.W.
Calgary, Alberta T2P 4V5

**GOWLINGS LAWYERS ARE PRETTY
QUICK ON THE DRAW. HOW 'BOU' YOU?**





GOWLINGS
2005 RAWHIDE ROUNDUP

AS LAWYERS, WE'RE USED TO FOLKS TAKING POT SHOTS AT US... BUT OUR OWN CLIENTS?!!?

THERE IS AN EERIE STILL IN THE AIR. EXCEPT FOR THE HAUNTING CLAP OF SHUTTERS BANGING IN THE WIND THE SUN BEATS DOWN UNMERCIPFULLY, COAXING A BEAD OF SWEAT FROM YOUR BROW. A SHOT OF ROTOUT WHISKEY HAS CALMED YOUR NERVES. SOMEWHAT BUT YOU'VE JUST CHALLENGED A MEMBER FROM THE NOTORIOUS "BARRISTER BUNCH" TO A DUEL.

THE GHOULISH UNDERTAKER LOOKS ON, ANTICIPATING WHICH ONE OF YOU IS GOING TO OCCUPY HIS PINE BOX. THE BELL FROM THE MISSION RINGS. IT'S TIME. YOU TAKE A DEEP BREATH, REALIZING YOU'RE JUST FIVE PACES AWAY FROM YOUR FATE...

Gowlings is rolling into The Mynt for the 3rd annual Rawhide Roundup. Join us in the saloon. Rustle up some grub. Share tall tales. And bid to challenge your lawyer to a "laser tag quick draw contest" for charity - in support of CUPS One World Child Development Centre.

RSVP via email by July 6th: heuther.hild@gowlings.com or call 298-1945 for more details.

Wednesday,
July 13, '05.
11 am to 6 pm
The Mynt
Ultralounge
516 - 9th Ave. SW

GOWLINGS



Bringing direction to your career search.

- Career Direction and Guidance
- Online Career Assessments
- Résumé and Cover Letter Development
- Interview Preparation
- Job Search Strategies



Success is 90% preparation and 10% luck.

With fewer job opportunities these days, it is an employers' market. Companies are more selective about the people they hire. This is why it is more important than ever to ensure your résumé gets to the top of the pile – and that you develop the ability to shine in your interview and in networking situations.

AveNew doesn't provide employment leads. Instead, we're here to help you put yourself in a better position to compete for a job... and to ensure it's the right job direction for you!

Jill Nikiforuk, M.Sc.
Career Consultant

Jill Nikiforuk is a professional career counselor. She has a Master's degree in Counseling Psychology with a specialization in Personnel Counseling. To keep current in her field, she has just completed the Certificate in Career Development at the University of Calgary (2009).

Jill's goal is to help her clients access the information and skills necessary to choose their own rewarding career paths. She has an in-depth understanding of what it takes to make a winning impression with employers and assists individuals in evaluating and capitalizing on their unique skills and talents.



220, 840 – 6 Avenue SW
Calgary, Alberta T2P 3E5
Phone: 403.850.0188
Email: jill@avenew.ca
www.avenew.ca





Farm Fresh.
City Central.

A return to Good Old-Fashioned Freshness

At one time, there was no such thing as "big box stores." But, you see, there were big boxes (we called them "wooden crates"). They were packed full of mouthwatering morsels lovingly loaded onto the farmer's truck and taken straight to market.

Farm fresh eggs. Premium cuts of meat and poultry. Homemade sausages and hand-cured bacon. That's the way things are still done at Crossroads Market. Here, you get your goods straight from the grower. It doesn't get any better. Or any fresher.



Buy locally. Shop centrally.

The vast majority of food found here is grown locally. To meet diverse tastes and seasonal cycles, we do import items that just don't seem to grow in these parts. One thing that is consistent is uncompromising quality.



Our charm goes beyond the farm

The trouble with your modern grocery stores is that you just want to get in and get out. At Crossroads Market, we give you a reason to stay a while.

Inside you'll find tables of treasures and curios around every corner. You'll happen across everything from rare coins and stamps to collectable toys. Native arts to natural beeswax candles. Funky fashions to one-of-a-kind crafts. You may be surprised where the time went!



Guests should never go hungry!

Call us traditional, but as hosts it wouldn't be proper if we didn't invite you inside -- and do our best to ensure you don't leave with an empty stomach.

There's always hot homemade food on the stove from our many local and internationally inspired food vendors.

- Ukrainian pierogies and cabbage rolls.
- Hungarian Sausage.
- Middle Eastern pastries.
- Multinational meat pies.
- Indian cuisine.

Bountiful beverages. A stash of sweets, treats and desserts.

We'd list them all, but that would take the fun out of exploring!



Peruse our shelves for exotic spices, specialty hot sauces and homemade ingredients that go hand in hand with all that farm fresh food you'll be bringing home.



Meet our Wildest resident!

Crossroads Market is home to Loose Moose Theatre (2nd floor). They're Calgary's world famous home of improv comedy (alumni include members of The Kids in the Hall). For a list of current shows and schedules visit www.loosemoose.com

